



LucyHarmer

info@lucyharmer.com

www.lucyharmer.com

T : +41 (0)22 741 02 72

M : +41 (0)78 726 32 22

TRIP TO BALI – GALUNGAN

Saturday 22nd December 2018 to Saturday 5th January 2019

Come and visit this paradise island considered by the local Balinese to be the « centre of the world ». Spend 14 days in Ubud, the artistic and cultural centre of Bali, and take part in all kinds of activities to discover the **Balinese culture and spirituality**. Enjoy **Galungan** by welcoming in the energies of the New Year into your life and discover Bali as no tourist can dream of!

You will :

- Celebrate Galungan (Balinese New Year)
- Discover Balinese culture and spirituality
- Walk in the rice fields
- Participate in a temple ceremony
- Visit temples and sacred sites
- Watch sacred Balinese dances and a fire dance
- Learn to make flower offerings
- Visit the Water palace and its beautiful gardens
- Discover Balinese arts and crafts
- Meet a Balinese priest and healer
- Relax in a mandi-lulur (Balinese massage, followed by an exotic flower and aromatherapy bath)
- Enjoy moments of relaxation and free time
- Walk around spice and exotic fruit markets
- Taste the delicious Balinese food and learn to cook it!



Price for the two-week program: 2690 CHF (maximum 8 people)

Included in the price: Accommodation in double room with private bathroom, air conditioning, terrace with view of rice fields, swimming pool, delicious breakfast, transport, airport transfers, all seminars and guided activities.

Supplement for single room: 600 CHF

Not included: flight ticket and food (very cheap, about **500 CHF** for the two weeks)

Airfare: about 900 CHF taxes included. Our travel partner: NEOS, Rue des Bains 50, 1205 Geneva, 022 320 66 35, geneve@neos.ch