



TRANSFORMATIVE FENG SHUI

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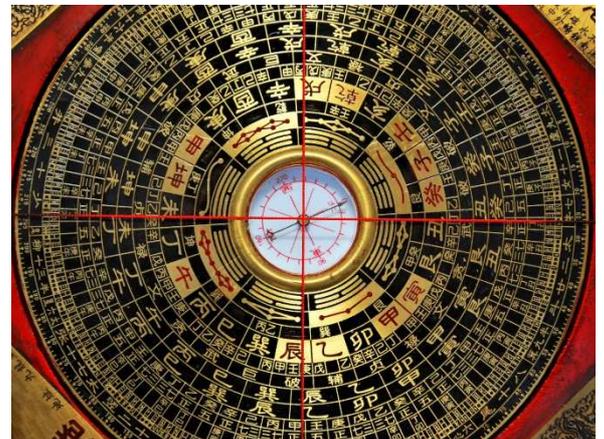
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The London Feng Shui Society defines feng shui thus: “Feng Shui is the practice which consists of analyzing the influence and the interaction between people, buildings, and the environment in order to promote a better quality of life.”

Feng shui has its foundations in the ancient Chinese Taoist tradition. Its aim is to harmonize the energy of a place in accordance with natural laws to bring health, wellbeing and prosperity to its inhabitants.

The first use of feng shui principles in China dates back at least 2000-2500 BC, when feng shui was mainly used in the layout of the tombs of the dead in order to create the best resting places for the ancestors, who would then shower their blessings and bring maximum good luck to the living. Later on, at the request of the emperors, feng shui principles were adapted so they could be applied to any type of building in order to promote security, protection and abundance.



Over many millennia, the Sages of ancient China studied the nature of the earth, the lay of the land, weather patterns, appearance and disappearance of diseases and epidemics, and all the cycles of the earth and the heavens. They thus arrived at a complete understanding based on this deep observation of natural phenomena, of the interaction of the human being with the patterns and effects of natural laws. They called this vast body of knowledge “Fēng Shuǐ Xué” which literally means “the study of wind and water.” Thus this ancient art aims to place and arrange buildings in accordance with visible energy flows (the rivers and watercourses), and invisible energy flows (the winds), in order to balance and harness the forces of life for the most positive and beneficial influences on human life.

This ancient system based upon “heavenly time and earthly space” can be just as easily applied to modern day living. The modern application of feng shui seeks to correct and rebalance the energy flow within a place, whether it be your home or your workplace. It consists of analyzing the architectural plans of a building along with the nature of the land and its surroundings. It is based on the five element cycle and it pays particular attention to colors, tones, shapes, materials (wood, fabric, metal, etc...), the arrangement of furniture, the quality of lighting and so forth. A better energy flow in your home will affect all aspects of your life from your health and relationships to your work.

Modern feng shui also strives to remove all the influences which adversely affect our health. These include electromagnetic fields (EMF) and microwave pollution emitted by computers, televisions, microwave ovens, mobile phones and phone masts, etc.; geopathic stress (to do with a disturbance in the natural energy flow of the earth due to various causes); background radiation both natural and man-made (such as the gases emitted by solvents in building materials); feng shui energy leaks; the physical and psychological effect of clutter; poor lighting and air quality.



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Some of these influences such as geopathic stress, EMFs, microwave pollution and poor lighting can give rise to certain health conditions, such as depression, miscarriages, hyperactivity in children, insomnia, irritability, colds, chronic tiredness, headaches, migraines, arthritis, anxiety, and even in the long term, serious illnesses such as cancer. Many of these ill-effects are backed up by compelling scientific research.

Every environment is unique, just like the people who live there are too. Feng Shui seeks to analyze and enhance all aspects of your life and home from your living rooms to your garden. It give us a toolbox of simple techniques to bring about greater harmony, well-being and joy in our environment whilst still respecting our individual tastes and desires.

If a place has a lot of stagnant emotional energy from previous occupants, then it is advisable to also arrange for a space clearing consultation.



The Benefits of a Feng Shui Analysis

- Maximises the potential of your home or workplace.
- Helps with the easy buying or selling of a property.
- Maximises the health, prosperity and harmonious well-being of a space and its occupants.
- Increased vitality.
- More restful sleep.
- Harmonizes relationships of all kinds.
- Reinforces your creativity and helps you to achieve your aims.
- Creates more favorable work opportunities.
- Helps with the manifestation of projects.
- Increases prosperity.
- Resolves health problems caused by environmental pollution.
- Creates a healthy and abundant environment where those who live and work can feel a deep sense of well-being.
- Helps you to choose a space that will reinforce your creativity and achieve your aims in life.
- Helps you to plan your life so as to benefit from the positive energies and avoid those that are negative.
- Helps you to feel more balanced in every aspect of your life, thus having a significant impact on the opportunities life offers and your future.

Note

Feng Shui is not a solution to all your problems. It cannot cure illnesses such as cancer, but it can create a better environment and help you to make better choices. Neither can feng shui change your destiny, though it can exercise a positive influence on it. It won't help you to achieve huge success if you don't have the necessary qualifications or are not in the process of working to create the relevant opportunities. However, it will give you the necessary energy and the inspiration to get where you want to go, and open up opportunities for beneficial change – it is up to you then to seize them.