

FENG SHUI TIP

Get Out from Under That Paper Pile!

By Lucy Harmer

Office clutter is typically made up of paper, paper and more paper! Piles of paper represent blocked creativity and missed opportunities, and they end up wasting a lot of your time! So get into the habit of only handling a piece of paper once! This applies to letters, faxes, notes, e-mails, etc. File every piece of paper as soon as you get it, and you'll usually find that most paper ends up in the paper bin. If you must have huge piles of papers, sort them out at least once a week to stop them getting out of hand.

As soon as you realize that every piece of paper in your pile represents a missed opportunity and that every time you throw away a piece of paper you increase your prosperity flow, you'll lose all interest in having heaps and piles of it about!

For more information, please contact me at 078 726 32 22 or go to www.innerelf.com.

FENG SHUI TIP

Optimize the Space in Your Home

By Lucy Harmer

How does one go about making optimum use of space?

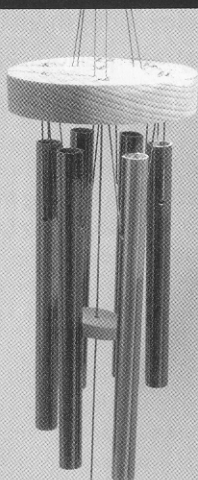
Simply organize and simplify your storage areas. First of all, make sure you have ample storage space in your home. Then let go of any excess items and possessions that no longer correspond to where you want to go in life. By letting go of the old, you'll let in the new and attract positive people, places and things into your life.

Avoid keeping broken items that simply take up space. Broken items in feng shui are considered to be dead or wounded and they diminish, rather than enhance, the vital energy in a place. Because everything counts in feng shui, there's no point in hiding them away in a cupboard. Decide whether to repair them or throw them away. Do it today!

Ideally, every space of your home should be used in a proactive and positive way. Every room should be used on a regular basis, so that there are no lifeless areas to your home that represent lacking aspects in your life. So if you have a room, dining room, guest room, etc., that's used infrequently, activate it by finding a reason to be there more often. For example, you can turn a guest bedroom or an unused adult child's bedroom into a hobby room, art studio, game room, library, or meditation room.

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FENG SHUI TIP



Enhancing Wealth and Abundance— the Feng Shui Way

By Lucy Harmer

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There are many ways in which to increase wealth and abundance in your life. In feng shui, wealth and abundance are not just about money. They are about flowing with life's energy so that whatever you need manifests itself. Abundance is about having a constant positive flow of friends, family, travel, work, love, spiritual knowledge, money, happiness, projects and so forth in your life. Here are a few traditional feng shui tips to help you enhance your abundance:

- To attract auspicious opportunities to your home, put a fountain in your entrance, or to attract money, put a water feature in the southwest corner of your home.
- Remove all trash and clutter from inside and outside the home.
- Keep all windows clean.
- Hang crystals, wind chimes, prayer flags and banners that symbolically call in wealth and prosperity.
- Put up quotes and affirmations related to gratitude and wealth, such as “money comes to me effortlessly from many different sources” or “I move into the winning circle.”
- Hang up pictures and paintings that depict what you want to manifest in your life.
- Look after and display your valuable beloved possessions and collections, such as antiques, art, crystals, coins, etc.
- Treat yourself to a large bouquet of flowers, a relaxing massage, expensive theater tickets, a dream holiday, etc.

And finally, cultivate an attitude of gratitude by making a list of people, places and things for which you are grateful.

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